
Rudolf Steiner's Calendar of the Soul

Dates from Easter 2017 to Easter 2018

April 16, 2017: verse #1 Easter Mood	Oct. 8: verse #27
April 23: verse #2	Oct. 15: verse #28
April 30: verse #3	Oct. 22: verse #29
May 7: verse #4	Oct. 29: verse #30
May 14: verse #5 Light from Spirit Depths	Nov. 5: verse #31 Light From Spirit Depths
May 21: verse #6 (May 5: Ascension)	Nov. 12: verse #32
May 28: verse #7 Luciferic Temptation	Nov. 19: verse #33 Ahrimanic Deception
June 4: verse #8 Whitsun	Nov. 26: verse #34
June 11: verses #9 and 10 "Lose yourself to find yourself."	Dec. 3: verse #35 Dec. 10: verse #36
June 18: verse #11	Dec. 17: verse #37
June 25: verse #12 St. John's Mood	Dec. 24: verse #38 Christmas Mood
July 2: verse #13	Dec. 31: verse #39
July 9: verse #14	Jan. 7, 2018: verses #40 and 41: mysteries of the heart
July 16: verse #15	
July 23: verse #16	Jan. 14: verse #42
July 30: verse #17	Jan. 21: verse #43
Aug. 6: verse #18	Jan. 28: verse #44
Aug. 13: verse #19	Feb. 4: verse #45
Aug. 20: verse #20 Luciferic Temptation	Feb. 11: verse #46 Ahrimanic Deception (2/14: Ash Wed.)
Aug. 27: verse #21	Feb. 18: verse #47
Sept. 3: verse #22 Light from Cosmic Widths	Feb. 25: verse #48 Light from Cosmic Heights
Sept. 10: verse #23	Mar. 4: verse #49
Sept. 17: verse #24	Mar. 11: verse #50
Sept. 24: verse #25	Mar. 18: verse #51
Oct. 1: verse #26 Michaelmas Mood	Mar. 25: verse #52
	April 1, 2018: verse #1 Easter Mood

Note: Rudolf Steiner first published the 52 mantric verses we know as the "Calendar of the Soul" in 1912. The dates listed here for 2017-2018 are based on the practice of meditating a new verse, starting on Sunday of each week. That formula was also the case in the original edition. In keeping with Rudolf Steiner's instruction, we open the meditative year with verse number 1 at Easter (April 16, 2017) and follow the seven-day astral rhythm of the soul until the next Easter (April 1, 2018).

There are only 50 weeks from Easter 2017 to Easter 2018. Rudolf Steiner composed 52 verses that metamorphose out of one into the next. We want to avoid randomly skipping two verses. The adjustment being proposed here is to combine two verses following Whitsun and two verses after Christmas and to concentrate on each pair over the course of just one week. Verses 9 and 10 confront us with the initiation riddle, "Lose yourself to find yourself." Verses 40 and 41 focus on the heart.

The cosmic method of setting the Easter date requires us to re-chart the yearly course through the 52 verses of the Soul Calendar, since there are never exactly 52 weeks between one Easter and the next. The meditator can also experience how the verses relate to the life cycle of the archetypal plant, the changing of the seasons, the positions of the planets and the journey through the zodiac. We come to treasure the anthroposophical Soul Calendar as an essential guide to attaining self-knowledge and spiritual awakening.

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