

Rudolf Steiner's *Calendar of the Soul*: Dates for Weekly Verses from Easter 2016 to Easter 2017

Rudolf Steiner first published the 52 verses we know as the *Calendar of The Soul* in 1912. The adjusted dates listed here for 2016-2017 are based on the practice of beginning a new verse on the Sunday of each week, which was also the case in the 1912 edition. In keeping with Steiner's instruction, we start the meditative year with verse number 1 at Easter (March 27, 2016) and follow the seven-day astral rhythm of the soul until the next Easter (April 16, 2017). This particular ordering of the verses also takes into account the seven preparatory verses (Lent) leading up to Easter, and the seven "mirror" verses that take us from Easter to Whitsun.

There are 55 weeks from Easter 2016 to Easter 2017, but Rudolf Steiner composed only 52 verses. This situation calls for an adjustment, especially if we wish to keep in sync with the four major Christian festivals. The solution offered here is to work with verses 11/12, 32/33 and 45/46 each for two weeks instead of just one week. Meditating on verses 11 and 12 together brings us into a deeper connection with the St. John's mood. Verse pairs 32/33 and 45/46 can serve to enhance our awareness of Ahriman's powerful forces.

The cosmic dating of Easter requires us to re-chart the yearly course through the 52 verses of the Soul Calendar, since there are never exactly 52 weeks between one Easter and the next. One can also further explore how the verses relate to the life cycle of the archetypal plant, the changing of the seasons, the influences of the planets and the journey through the zodiac. We come to treasure the Soul Calendar as a guide to self-knowledge and spiritual awakening.

— *Herbert Hagens, Princeton, New Jersey*

Easter Mood - March 27, 2016: #1	Oct. 2: #27
April 3: #2	Oct. 9: #28
April 10: #3	Oct. 16: #29
April 17: #4	Oct. 23: #30
Light from Spirit Depths - April 24: #5	Oct. 30: #31 - Light from Spirit Depths
May 1: #6 (May 5: Ascension)	Nov 6: #32
-	Nov 13: #32/33
Luciferic Temptation - May 8: #7	Nov 20: #33 - Ahrimanic Deception
May 15: #8 Whitsun	Nov 27: #34 Advent 1
May 22: #9	Dec. 4: #35 Advent 2
May 29: #10	Dec. 11: #36 Advent 3
June 5: #11	Dec. 18: #37 Advent 4
June 12 #11/12	-
St. John's Mood - June 19: #12	Dec. 25: #38 - Christmas Mood
June 26: #13	Jan. 1, 2017: #39
July 3: #14	Jan. 8: #40
July 10: #15	Jan. 15: #41
July 17: #16	Jan. 22: #42
July 24: #17	Jan. 29: #43
July 31: #18	Feb. 5: #44
Aug. 7: #19	Feb. 12: #45
-	Feb. 19: #45/46
Luciferic Temptation - Aug. 14: #20	Feb. 26: #46 - Ahrimanic Deception (3/1 Ash Wed.)
Aug. 21: #21	Mar. 5: #47
Light from Cosmic Widths - Aug. 28: #22	Mar. 12: #48 - Light from Cosmic Heights
Sept. 4: #23	Mar. 19: #49
Sept. 11: #24	Mar. 26: #50
Sept. 18: #25	April 2: #51
Michaelmas Mood - Sept. 25: #26	April 9: #52
-	April 16, 2017: #1 - Easter Mood