

About the weekend

This workshop is based on thirteen soul moods described in eurythmy as visible speech by Rudolf Steiner on June 30th, 1924. The moods were described in gestures and later given color by Dr. Steiner. We would like to explore the gestures in eurythmy and the colors in painting.



Communication

Location:

Waldorf School of San Diego
3547 Altadena Ave.
San Diego CA 92105

Questions?

Barbara Walker (760) 740-9074
bwalker328@cox.net
Elizabeth Sevison (760) 761-0414

Conference schedule

Saturday, January 28, 2012

9:00-9:30 a.m. Registration and getting acquainted
9:30-10:00 Introduction to the theme
10:00-11:00 Eurythmy
11:00-11:15 Break
11:15-12:30 Art work

12:30-1:30 Lunch break

1:30-2:30 Eurythmy
2:30-2:45 Break
2:45-4:00 Art work

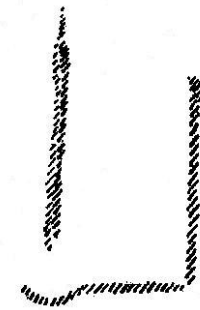
Jannebeth will give a general introduction of the soul moods before we start exploring the moods of "Knowledge" and "Communication". Johanna will guide the exploration through movement and Jannebeth through painting.

(Note: If you would rather use pastels or colored pencils instead of water colors, please bring your own materials.)

Jannebeth says "I once thought of soul moods as various mood swings etc. Finding these soul moods opened a whole new perspective in my feeling life. I look forward to sharing them with you."

Accommodations

Super 8
425 Roosevelt Ave.
National City, San Diego 91950
(619) 994-8812 super8@navalbase.com
(This hotel is owned by Waldorf parents, and is a 12 mile drive to the school)
For information on private housing please contact Barbara Walker.



Knowledge

Cost

No pre-registration is required for this day-long conference, but we request \$25 to cover materials and other expenses (\$15 for WISC students).

Please bring a dish to share for our potluck lunch.



A workshop sponsored by
The Anthroposophical Society in America
in conjunction with The Traveling Speakers Program

The Soul moods as experienced through movement and color

With Jannebeth Röell and Johanna Mueller-Laurelin
January 28th, 2012
San Diego, California

about our speaker

Jannebeth Röell is a member of the Portland, Oregon branch. She received her BFA from Art Center College of Design in Pasadena CA and before that she was for 15 years an RN in the Tobias Clinic, an anthroposophical outpatient clinic in the Netherlands. Her experiences as an anthroposophical nurse and artist are often shared with others through art and home healthcare workshops across the country. She practices art therapy and is teaching in the Eugene foundation year of teacher training.

about our eurythmist

Johanna Mueller-Laurelin is a widely acclaimed eurythmist who performs with stage groups in Europe and the U.S.A. An experienced eurythmy teacher in Waldorf schools and eurythmy schools, she is a teacher and co-director in the San Diego WISC program. Johanna attended a Waldorf school from kindergarten through high school.

Anthroposophical Society in America
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